



Welcome to the 2013-2014 KMHA hockey season. My name is Al Matheson and I will be coaching the Minor Bantam B team for the upcoming year.

Background

I have been involved in sports my entire life both as a player and a coach in different sports at many different levels including the last six years coaching in the KMHA. I am very excited about the upcoming hockey season and look forward to a rewarding experience for the players, parents and coaches alike.

Coaching Philosophy

The main goal for the season will be to provide an environment for players to enjoy the game and to improve both as hockey players and individuals. Teamwork will be emphasized and we will work hard as a group to excel and be very competitive. Players will be expected to focus, work hard in practice and respect their fellow players and coaches as well as referees and opponents.

Tryouts

The tryout schedule is as follows but may change so be sure to check the KMHA websites for updates.

Date	Start	End	Duration	Location
August 31, 2013	7:00:00 PM	9:00:00 PM	2hrs	BSP-PI
September 5, 2013	7:00:00 PM	8:30:00 PM	1.5hrs	BSP-PI
September 6, 2013	7:00:00 PM	8:30:00 PM	1.5hrs	ML

Players should be fully dressed and ready to go 20 minutes before the scheduled times as the drills will be explained before going on the ice. The evaluators will include anywhere from 4-5 experienced non parent volunteers and 1 non parent KMHA representative.

Commitments

As with all competitive teams additional financial and time commitments will be required. On average, there will be 3-5 team events (practice, dry-land training, games etc) per week. Depending on fundraising activities, families should expect to contribute team dues of approximately \$1,200 over and above KMHA registration fees to cover additional ice times, referees and tournaments. Travel costs associated with out of town tournaments will be over and above these team dues as well.

Tournaments

As of today the tournament schedule is:

Eric Leighton Memorial (Nepean)	Oct	11-14
CANAM Lake Placid	Nov	22-24
Roger Senecal Memorial	Dec	6-8
Sensplex West End Classic	Jan	10-12

Contact Information

If you have any questions please do not hesitate to contact me. The best way to reach me is by e-mail. a.mat@bell.net. Thanks.

Al