

# KMHA BLAZERS U15B – 2025/26 SEASON COACH'S LETTER - SEAN MACDONALD



Dear Parents and Players,

My name is Sean MacDonald, and I'm excited to be the Head Coach of the KMHA Blazers U15B team for the 2025/26 season. Growing up playing competitive hockey in Eastern Canada gave me some of my best memories and lifelong friendships—and I'm truly looking forward to helping create the same kind of experience for our players this year.

Over the years, I've served as a head coach, assistant coach, and team manager at various levels within KMHA. I believe strongly in building a team culture that's not just about hockey, but about developing young athletes into confident, respectful, and resilient individuals.

## TEAM PHILOSOPHY

Our success will be built on five core principles:

- **Positive Attitude** – We're here to compete, but we're also here to have fun and enjoy the game.
- **Respect** – For teammates, coaches, officials, opponents—and the game itself.
- **Team First** – Players should demonstrate a commitment to the team's goals over personal glory. Support your teammates, always. We win and lose together.
- **Hard Work** – Consistent effort in practices, games, and off-ice training is expected.
- **Continuous Improvement** – Every player will be challenged to set goals and grow each week.

## SEASON STRUCTURE

We anticipate **3–4 ice times per week**, including practices and games. In addition to league play, we plan to participate in **four tournaments**:

- **2 Home Tournaments - TBD**
- **2 Away Tournaments - TBD**

Team fees for the season are estimated to be **\$2000 per player**.

## PRACTICES & PLAYER DEVELOPMENT

Our practices will be fast-paced and designed to challenge players both physically and mentally. We'll focus on individual skill development, team systems, and improving hockey IQ. My goal is to ensure every player leaves the rink better than they arrived—each and every week.

## TRYOUT INFORMATION

Tryouts for the U15B team will be held in **September**, and will include a mix of skill sessions and games. Players will be evaluated by an **independent panel** based on:

- Team Play
- Attitude
- Skill level
- Compete level
- Physicality
- Game intelligence
- Coachability

The full tryout schedule will be posted on the KMHA website once available:

👉 <https://kmha.ca/competitive-tryout-schedule/>

I'm looking forward to a fun, competitive, and rewarding season. See you at the rink!

Sincerely,

**Sean MacDonald**

Head Coach – KMHA Blazers U15B

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