Chris Loschmann’s Welcome Letter

Hi Team,

My name is Chris Loschmann.  I am a son, brother, husband and father.  My wife – Melissa (Mel) – and two boys Read (2010) and Hudson (2013) are what it’s all about.  They are my “why”.

I’ve played competitive sports most of my life and believe that I have built a lot of my life skills through my experiences in games and around my teammates.  I also have many life-long friendships that have come from sports. Overall I have had a positive experience in sports, this will be my first year as a competitive Head Coach, and my goal is to bring that same experience to this team.

I took this job to help the kids develop hockey skills and elevate to the next level in their abilities, but also to help develop their life skills to be a good person and teammate.  I believe that hard work, focus and a growth mindset are key components to success. My goal is to instill this in everything we do this year.

I’m excited to have the chance to help these kids grow as individuals and teammates.

My coaching philosophy is built on a growth-mindset – mentally and physically. The goal is to be better tomorrow than you are today.

We will focus on fitness, individual skills and team systems while having fun.  Specifically, my goal is to advance the players mentally and physically, bit-by-bit, throughout the year.

* Fitness will focus on skating but also overall agility (i.e. pushups, sit-ups, etc.). It would be ideal if your kid is exhausted after each game or practice.
* Individual skills will start with a focus on fundamentals (i.e. shooting, stick handling, passing) and will evolve to role-specific drills (i.e. forward/defence, etc.). It would be ideal if your kid feels overall improvement and awareness as a player.
* Team systems will focus on defensive zone coverage and breakout, neutral zone regroup and offensive zone attack/triangle offence. It would be ideal if our team moved the puck as much as our feet.

In the end, I want this to be a positive year for our kids with the end goal of winning the league. That will be a journey and will have it’s ups and downs. My ask is that you invest in this team with me, be part of the process, bring positivity to the rink, and help us focus on getting better.

You don’t lose if you get knocked down, you lose if you stay down. – Mohammad Ali

You miss 100% of the shots you don’t take. – Wayne Gretzky