



Kanata Minor Hockey Association
Creating a Stronger Community through Hockey



Players and Parents: Welcome to the 2022-23 Season

My Name is Ryan Shea and it is my pleasure to be head coach of the U10 B (2013) Blazers. I would like to introduce myself and give a brief overview of what to expect for the upcoming season.

I grew up in Kanata playing for the Blazers and have an appreciation for the positive role KMHA plays with families and in the community. This will be my 5th year coaching with the 2013 group, either as a head coach or as an assistant last season with U9 Tier 1 Orange. I feel I have a good understanding of the team and skill development needed for the 2013s at the rep B level.

On the ice, we will be following the pathway program for the U10 level set out by Hockey Canada:

<https://cdn.hockeycanada.ca/hockey-canada/Hockey-Programs/Coaching/atom-program/downloads/hc-atom-pathway-resource-guide-e.pdf>

Practices will be fun, fast paced and challenging. Building on the U9 year, moving from half ice to full ice play, we will continue to improve on skating, individual skill development with increased focus on positioning, team play and compete levels while maintaining a fun, positive and competitive environment.

We are looking for players who are coachable, respectful on and off the ice, with a strong work ethic looking to improve on individual skills along with team development. Tryouts will consist of skills & drills sessions and game play. Evaluations will be done with third party non-parent evaluators who will be looking at individual skill sets along with compete levels, game awareness and team play. Dates and times for tryouts are currently unavailable but will be posted on the KMHA website (www.kmha.ca).

As with any competitive sport, hockey takes a serious commitment for players and families. Players can expect 3-4 activities a week including both on and off the ice. I am hoping we have an uninterrupted season in which case families can anticipate 3-4 tournaments with 1-2 being out of town. Families can expect a team fee of \$1300-\$1500 in addition to the KMHA registration fee. These fees are for ice time, officials, tournaments and other team activities and requirements. A detailed budget will be reviewed with parents before the season.

If there are any questions, please do not hesitate to contact me. Enjoy your summer. Looking forward to the season and seeing everyone at the rink!

Ryan Shea

Head Coach

Kanata Blazers U10 B (2013)

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