

KMHA COVID-19 Protocols

1. Building Entry Time:

- Participants may enter 30 minutes before their scheduled ice time
- Spectators may enter 5 minutes before the scheduled ice time (unless they are helping a child get ready).

2. Screening:

- Each participant must fill out the daily KMHA COVID-19 screening. KMHA Team Greeter must verify that this form has been filled out before entry is granted.
- Using Bell Sensplex ice, KMHA members are **NO** longer required to fill out both the KMHA and Bell Sensplex daily COVID-19 screening forms. KMHA members are now required to fill out just the daily KMHA COVID-19 screening form.

3. Spectators are permitted in the arena:

- If they are accompanying a participant, they must be either identified on the participant's screening form or have completed the screening form themselves.
- Unless they are helping a child get ready for their ice time, they must not enter no more than 5 minutes prior to the scheduled ice time.
- Spectators must leave the arena no more than 5 minutes after the ice time concludes.

4. Capacity Limits:

- **Sensplex Capacity Limits:**
 - i. No more than **32 people** may be on the ice at one time. This includes coaches, instructors, players, etc.
 - ii. For games, no more than **50 people** may be on the ice/benches at one time. This includes all players, coaches, referees, timekeepers, trainers, etc.
 - iii. Spectator Capacity is **50 people** in each rink. Should there be more than 50 spectators in the arena, it will be the responsibility of the Home team Greeter to rectify the issue.
- **City of Ottawa Capacity Limits:**
 - i. Capacity limits at City of Ottawa rinks is limited **50%** of the Facility capacity. This limit will be posted at the arena entrance.
 - ii. City of Ottawa ice capacity is a maximum of **80** participants.
- Despite capacity limits, until further notice the KMHA will continue under a 1:1 ratio. This means only **ONE** parent/guardian per participant.

5. Dressing Rooms:

- KMHA **requires** that all players come to arena as fully dressed as possible.
 - i. Both the City of Ottawa and Sensplex are allowing participants to dress/undress at in the dressing rooms.
 - ii. However, masking and physical distancing rules still apply, meaning the capacity limits in dressing room may limit access. Capacity limits will be posted outside the dressing rooms at each facility.

- iii. Designated overflow seating will be provided by the facilities.
- iv. Exchanging of seats will **NOT** be permitted (i.e. no swapping players in and out of the room).
- All participants must remain in their dressing room and/or designated overflow area until it is time to go on the ice. There is to be **NO** waiting on benches or at the arena doors before their scheduled ice time. This includes when the Zamboni is on the ice.
- Dressing rooms must be completely vacated 20 minutes after the completion of an ice time.

6. Masking:

- Everyone, in any area of a facility must wear a mask at all times.
- Coaches must wear a mask at all times, including when on the ice during practices.
- Players must wear mask at all times. Players may only remove the mask 5 minutes prior to scheduled ice time before adorning their helmets. Players must replace mask immediately after removing the helmet at the conclusion of the scheduled ice time.

7. Dryland Training/Off-ice Warmup:

- Dryland training/off-ice warmups such as group-led stretching, running, etc. is not permitted inside the facilities, unless you have rented a separate hall inside the facility.
- If there is need for dryland training/off-ice warmups, it is to be outside of the facility where sufficient space exists to follow physical distancing guidelines