



November 1, 2017

KMHA TOPSHELF



Kanata Minor Hockey Newsletter

Issue No. 6

In this issue:

- KMHA Volunteers of the Weeks
- KMHA Affiliation Policy
- Ottawa 67's Prospects Passes
- KMHA Spotlight
- Games at KRC
- Coaches Info
- Halloween Contest
- Risk & Safety Update
- House League Game Clock
- KMHA Sponsors

KMHA's Volunteers of the Week for October



KMHA VOLUNTEER OF THE WEEK

Mike Stewart basically lives at the rink, which is inevitable when you have two kids in hockey and you volunteer in dual roles for each son's team! Mike is an assistant coach and the trainer for both his sons' teams. In addition to volunteering throughout the year, Mike volunteered as the trainer for many many Bantam House League sort out games. Thank you so much Mike for the great number of volunteer hours you donate to the KMHA.

Thank You, Mike!



KMHA VOLUNTEER OF THE WEEK

Marina Mouat was the volunteer coordinator for the Bantam House League sort-outs. Marina was amazing at running the show during sort-outs. Marina juggled staffing all positions: referees, bench, dressing room monitor, trainers, clock, desk & the ever important evaluators! Marina also helped reschedule players when there were ice-time mix-ups & missing equipment, always with a smile & a very positive attitude! Thank you to Marina Mouat for ensuring that Bantam sort-outs ran extremely smoothly!

Thank you, Marina!

Nominate a Volunteer Today!

Do you know a volunteer who is helping make this season the best? Send us their name and reason why they would be an ideal volunteer of the week.

Email:

KMHASpotlight@gmail.com

Thank you



KMHA Volunteer of the Week

Tim's KMHA "career" began in 2008 & continues today. He has been involved in the following capacities (throughout all four of the boys' teams):

- IP sort-outs & on-ice helper
- Novice sort-outs, Trainer, Coach & Assistant Coach
- Atom sort-outs
- KMHA Director, Risk and Safety
- Wightman boys' equipment coordinator, driver & dedicated fan

Thank you, Tim!

KMHA Affiliate Program

All KMHA teams from Novice to Midget are expected to participate in affiliation, ensuring a full complement of 15 skaters and one/two goalies (depending on the number of goalies available in the division). All teams are expected to invite affiliates to practices to either replace team members who are unable to practice or as additional skaters or goalies.

Players that have been invited by a team to be an affiliate should have a reasonable expectation regarding the number of practices and games that they will be invited to over the course of the season. House league teams should be involving affiliates in 1-2 practices per month and should be playing them in 2-6 games over the course of the season.

Shared ice practices at house league must be considered when inviting affiliates to participate. If all players from both teams are expected to attend (30 players + 2 to 4 goalies) then affiliates should be kept to a minimum. It is recommended that no more than 32 skaters and 4 goalies attend a practice.

Overuse of any one affiliate takes away opportunity from other affiliates so the preferences of KMHA is that two or three primary affiliates be given equal access to the affiliation opportunity.

If anyone has any questions about KMHA's affiliation policy, please contact Ian Hames, VP of Hockey Programs at vphockeyprograms@kmha.ca.



ALL MINOR HOCKEY PLAYERS, IP TO BANTAM IN OTTAWA CAN WATCH EVERY OTTAWA 67'S GAME FOR FREE!

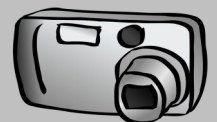
With your 67's Prospects tickets, you get access to every Ottawa 67's home game at TD Place for free by having your 67's Prospects Passes. Proudly represent your minor hockey association this 67's hockey season!

Plus, as a fan attending a game with a 67's Prospects member, you save on additional tickets!

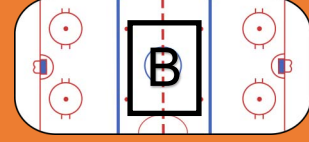
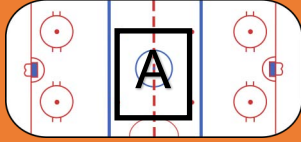
TO REDEEM, Please visit <http://67sprospects.com/redeem-free-ticket/>

If your team has not received their prospects passes, please contact Cara-Leigh Wyllie, VP of Communications at vpcommunications@kmha.ca

Share a photo of your favourite team, manager, coach, trainer, volunteer, or memory to be featured on social media through KMHA Spotlight. Email kmhaspotlight@gmail.com



Games at Kanata Recreation Complex (KRC)



One question that is often asked is ***“Why are games scheduled on KRC B instead of KRC A?”***

Here are some of the reasons why:

- Sometimes the block of hours assigned to KMHA on KRC B are large enough to support many house league games in a row
- Sometimes the block of hours assigned to KMHA on KRC A may be less than the number of hours required to support certain blocks of house league games
- Sometimes the block of hours assigned to KMHA on KRC A may start/end earlier than permitted league game times
- Sometimes the block of hours assigned to KMHA on KRC A may have a competitive league game planned therefore not enough consecutive hours to run house league games
- Sometimes the block of hours on KRC A are not owned by KMHA, instead are owned by other associations so we have no choice
- KRC A is home to the Kanata Lasers Junior Team who play their home games there quite frequently at night and require large blocks

Our KMHA Ice Schedulers work hard and take many factors into consideration when scheduling games for us:

- ⇒ Days of the week teams are available to play
- ⇒ How early teams can play games or how late teams can play games
- ⇒ What the change room size is at each arena
- ⇒ What length of time the game is and which pads can accommodate

Huge thanks to our two Ice Schedulers, Sharon Fine & Ralph Peterson, for all the hard work they put into scheduling our season. They are the backbones of our association and we appreciate all they do!



COACHES INFO



Continuing Education Sessions for Coaches

KMHA will be hosting the second of five continuing education sessions for coaches. This session is scheduled for November 9th. The session will focus on Practice Planning.

To register use the link emailed to all coaches by the KMHA Coach Mentor, Terry Lavineway.

Please note that these sessions are for KMHA coaches only.

Team Pictures Pick-up

Coaches or team managers can pick up their team pictures in person over the coming weekend at Bell Sensplex. Inaction Photography will be set up in the main lobby.

The dates and times are as follows:

Friday, November 3rd, 4:00 to 9:00 pm

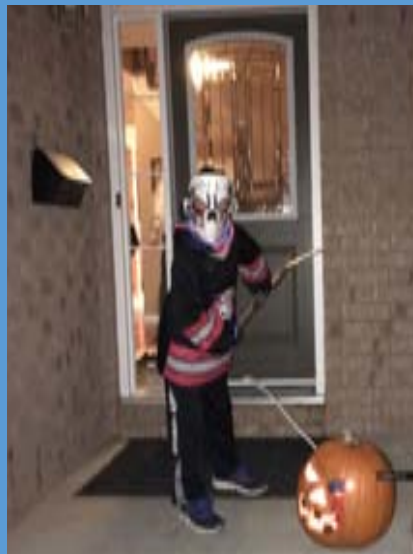
Saturday, November 4th, 8:30 am to 8:30 pm

Sunday, November 5th, 8:30 am to 1:00 pm.



Thanks to all the creative Hockey Players who entered our Halloween Contest. Here are the entries we have received so far. The contest closes midnight tonight, November 1st. The winner will be announced tomorrow, November 2nd on KMHA's social media pages.

What did the skeleton drive to the Hockey game?...
A Zam-bony



RISK & SAFETY UPDATE

Hockey Canada and Hockey Eastern Ontario mandates that players are to be supervised in the dressing rooms before and after games. In particular, parents and coaches are to be reminded of the “two deep method” of supervision which requires the presence of two adults in the dressing room at all times. KMHA recognizes that the supervision requirements for each team are unique, however it is imperative that team staff work together to develop a supervision strategy that compiles with the HEO policy.

Below is the link for the Hockey Eastern Ontario Supervision Policy 6.24. Please familiarize yourselves with the policy and ensure that players are supervised accordingly.

<http://www.hockeystarontario.ca/docs/6.24%20Dressing%20Room%20Supervision%20Policy.pdf>

If anyone has any questions, please contact Tim Wightman, Director of Risk & Safety at riskandsafety@kmha.ca

House League Game Clock

In previous seasons a 10-10-12 stop time clock was used. This format often left unused time, sometimes as much as 10 minutes, in the 50 minute allotment. That's too much valuable ice to leave unused and why KMHA switched to run time this season. The full ice allotment is now being used but we realize that it can have an impact at the end of periods, especially in close games. The intent is to go back to a stop time clock for playoffs.



Wondering how much time?

House League Games

Period 1 - 15 mins run time
Period 2 - 15 mins run time
Period 3 - 15 mins run time
(might be more or less depending on time left on clock)

Run Time Penalties:
Minor Penalty - 3 mins
Double Minor - 6 mins
Major - 7 mins



Proud sponsors of KMHA
for over 20 years



PROUD SPONSORS OF KMHA