Hello, my name is Richard Balon and I am pleased to have the opportunity to coach the Kanata Major Bantam AA team for the 2019/20 season. I have been a non-parent coach for a number of years. I love the game of hockey and want players to love it as much as I did growing up.

Tryouts will commence in August and we welcome everyone who is interested to attend the tryouts. The tryouts will be conducted using third party evaluators and the coaches. The players are evaluated on motivation and good attitude, skating, game play and team work. I encourage you to attend the tryouts if you are interested in developing as a hockey player, as even the tryouts are an opportunity for each player to test themselves and their abilities.

I emphasize skating and conditioning, skill development and learning to read the plays of the opposing team. I believe in playing both ends of the ice for the defensive and offensive game. My goal is for the players to have fun, and to work hard as a group on and off the ice. I believe good things happen when you work hard and as a team.

My expectations of the players and parents are the same – respect everyone on and off the ice, from association executives and ice officials to opposing players and parents of both teams.

Practices and dryland training are mandatory. The commitment is 3 – 5 times per week including game, practices, dryland and goalie training.

Tournaments:

October 17-20 – Oshawa Cup
November 8-10 – Silver Seven - Sensplex
November 22-24 – Silver Stick - Pembroke
January – Jan 3-5 Kanata Winter Classic – Sensplex
Hopefully one other, still to be determined

Families can expect additional team fees of approximately $1800—$2000 depending on the level of fundraising or sponsorships that are secured.

The tryout schedule will be posted at www.kmha.ca and I will contact each family to confirm tryout times.

I look forward to seeing you at tryouts.

Should you have any questions please contact me at:
rpbalon@gmail.com
613-220-1594

Rich Balon
Head Coach
Major Bantam AA
Kanata Blazers