



Coach Letter – Kanata Blazers Minor Atom Rep B

Dear Parents and Players,

Welcome to the 2017-2018 hockey season! My name is Trevor Wood and I am excited and looking forward to coaching the **Kanata Blazers Minor Atom Rep B** team this upcoming season.

I've played hockey for more than 40 years in minor, high school and college and was a scout and family advisor for more than 3 years. For more than 100 years, hockey has been part of the Canadian culture and heritage and I'm happy to be a part of this amazing journey with each of the players. My goal is to make this year a positive, memorable experience for the players and parents who are associated with this team.

My overall coaching philosophy is to make sure the players have fun, continue to develop their hockey skills and to help build confident young men. I expect the players to work hard, play with discipline and to encourage and support each other as they increase their individual hockey skills while learning to play as a team. I understand the pressure to win and the need to get better as a team, and in my opinion, the proper way to develop young people in hockey and for life, is to focus on individual and team skill development in a fun, hardworking environment.

About 20 key drills will be focused on over the entire season with approximately 5 of these incorporated into each practice. Through repetition and deep training, players will be able to complete these drills at a higher speed and gain confidence as they progress throughout the season. At the Minor Atom level, drills will be progressive and will focus on the basic skills of skating, shooting, stickhandling, passing, team positional play and puck protection.

There will be 3 to 5 team events per week including games, practices and off-ice activities. Depending on the volume of fundraising, families should expect to contribute team fees of approximately \$1200-\$1300 to cover items such as additional ice times, referees and tournaments. Team fees are over and above the KMHA registration fees.

Tournament commitments for the upcoming season include:

- Capital Volunteer Cup – Oct 20-22nd, 2017 (local)
- Northumberland 2017 Silver Stick Regional – Dec 1-3, 2017 (Cobourg)
- Bell Capital Cup – Dec 28 – 30th, 2017
- Capital Winter Classic – Jan 19-21st, 2018

This year's tryout schedule has not been confirmed yet but the expectation is that the dates will be posted on the Kanata Minor Hockey Association website (www.kmha.ca) early August 2017. When tryouts have been scheduled I will contact each family to confirm the dates and times. The team will be selected by me with the assistance of

information collected from independent and experienced evaluators during tryouts. The team will include players that work hard, have discipline and willing to learn.

Should you have any questions regarding the Minor Atom Rep B team for the 2017-18 season, please feel free to contact me by email trevorwood@sympatico.ca.

Enjoy your summer and see you at the tryouts.

A handwritten signature in black ink, appearing to be 'Trevor Wood', written in a cursive style.

Trevor Wood
Head Coach
Kanata Blazers Minor Atom Rep B