

I would like to take the opportunity to introduce myself. My name is Tim Cregan. I have been coaching for the past 12 years in the Kanata Girls Hockey Association. I have also been coaching in the KMHA over the past 4 years. My experience coaching has mainly been at the competitive level, and I have coached teams ranging from IP to the Bantam level.

My philosophy in coaching is to make each player individually better through player development and nurturing team skills. My expectations at this level would be one of hard work and team play. To achieve these goals requires commitment and drive. As a player, we will not always have our best game but we can certainly put forth a respectable effort.

My aim is to provide a challenging, positive and enjoyable experience for all players.

It is my belief that minor hockey at this age is all about development. My philosophy is that development of all players will lead to a more successful season. With that in mind I plan to commit to the KMHA direction of offering each player equal playing time and opportunity in all situations. With that being said, fairness of ice time does also rest on respect. Showing respect for your fellow teammates, and coaching staff by showing up on time for both games and practices and interacting with coaching staff and fellow players in an appropriate manner, will certainly afford equal playing time. To anyone who has played on my teams in the past they will know I am all about fairness.

Tryout dates have not yet been established but will be posted in the near future at [www.kmha.ca](http://www.kmha.ca). I will be contacting each family to confirm tryout times. Selections will be based on skating and skill evaluation including competition and scrimmage. The players will be evaluated by independent third party evaluators and selections will be made based on a collective input.

Competitive hockey as I previously stated requires commitment. Players and families should expect 3-4 ice times per week. The financial commitment will be approximately \$ 1200. However, this will also depend on fundraising and sponsorship contributions.

We have Registered for 5 tournaments 2 away and 3 local :

- 1) BWGMHA Blue and Gold Rep Bradford, Ontario Sept 25-27
- 2) Eric Leighton Memorial Nepean, Ontario October 9-11
- 3) Festival of Lights Niagara Falls, New York Nov 26-29 (passport required)

4) Bell Capital Cup Ottawa, Ontario Dec 30 – Jan 1

5) KMHA Capital Winter Classic January 8 – January 10

I look forward to seeing each of you at the tryouts. If you have any questions I can be contacted at [tim.cregan@rogers.com](mailto:tim.cregan@rogers.com).

Tim Cregan