custom-fit mouth guards



What is a mouth guard?

A mouth guard is a protective device that covers the teeth and gums to prevent and reduce injury to the teeth, arches, lips, gums and brain.

Mouth guards are most often used for contact sports and/or dental treatments.

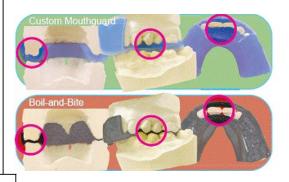
How does a mouth guard work?

A properly-fitted mouth guard can cushion a blow to the face, minimizing the risk of broken teeth and injuries to the soft tissues of the mouth.

Pressure-laminated mouth guards can play a role in preventing concussions. When the upper and lower teeth slam together, the force of the impact is transmitted to the brain which may cause a concussion. A mouth guard can provide a resilient, protective surface to distribute and disperse the impact.

Why a custom-fit mouth guard?

Custom Mouth guards adapt more closely to teeth than boil-and-bites. The reason for this is simple - the machines that make custom mouth guards work at far higher temperatures than can be applied in the mouth and at pressures many times greater than can be produced by biting and sucking! For exactly the same heat and pressure reasons, the thickness of a Custom Mouth guard can be optimized in the laboratory, whereas a boil and bite will be thinner and will vary widely depending on the user.





A mouth guard should be used for all sports including:

