

Hi, my name is **Al Daggett** and I have the privilege of coaching the **Kanata Blazers 2000 AA** team for the 2012/2013 season.

My Background

This may be my first assignment as a head coach for the Kanata Blazers, but I have a long history in Hockey. For the last three years I have been assistant coach for the Blazers with the 1999 age group at the A level. Hockey coaching is a part of my family history. My father was a coach for over 25 years, and I spent a lot of time on the bench with him as a child and into my teens. All of these experiences helped me develop and grow my approach and philosophy as a coach.

I have also played hockey since the age of 6 (in Toronto) at varying levels, up to and including junior B.

I have also played many other sports over the years including football with the University of Ottawa (we won a national championship in 2000), baseball, and golf. Each team I played with exposed me to a different style of coaching. I have taken a little from each of these experiences.

My philosophy

I believe in keeping things fun in a competitive environment, and to develop and foster learning through hard work. I truly believe that a team is better than any individual and that all members of a team play a vital role in the success of that team. Through skill development, on and off-ice conditioning and with a dedicated effort from the players and parents alike I believe that this team can and will have great success over the upcoming year.

Expectations

As we all know there are certain expectations that come with playing a competitive sport. There will be a priority on on-ice and off-ice conditioning this upcoming year, which will likely mean that the members of this team will have commitments 3-6 days a week depending on our ice allotments. As well, we will be playing in 5 tournaments this year including 2 out of town. These tournaments add a great deal to the hockey experience and are important, both for developing game play, and team camaraderie.

I look forward to this upcoming year and will be in touch once we have a schedule for try-outs. Have a great summer.

Yours truly,

Al Daggett