

## OFFENCE

Skill: Game knowledge and strategy

Purpose: Create Windows of Opportunity in your offensive possessions

1) Take immediate advantage of your opponent's defensive mistakes

- Read and React immediately to a defensive mistake (don't hesitate)
- Know if the forecheck should be aggressive or passive
- **Create numbers and support as quickly as possible**

2) Be a threat with or without the puck

- Look and Act like a shooter with the puck
- Always be **ready to receive the puck (stick position and body position)**
- Be **easy to read** (your path or next move should be easy to see by team mates)
- Create triangles in your support or attacks (big or small)
- Support from all sides (weak/strong and attack/regroup)

3) Create Numbers as quick as you can

- **Outnumber your opponent in every situation "Never fight a fair fight"**
- **Odd-man Rushes rule the game**
- Read where the play is or where it will be and React with and without the puck
- Choose Time of Possession (regroup) over a Sloppy Aggressive Attack (turnover)