

KMHA Coach Mentorship Program



25 Oct 2011

KMHA/District 11

Coach Mentor

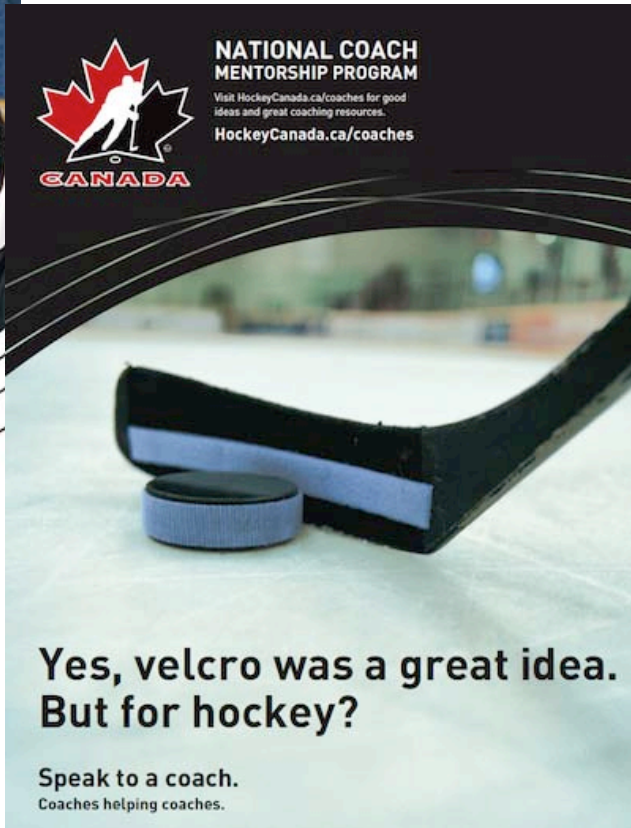




He does need help.
Just not hers.

Speak to a coach.
Coaches helping coaches.

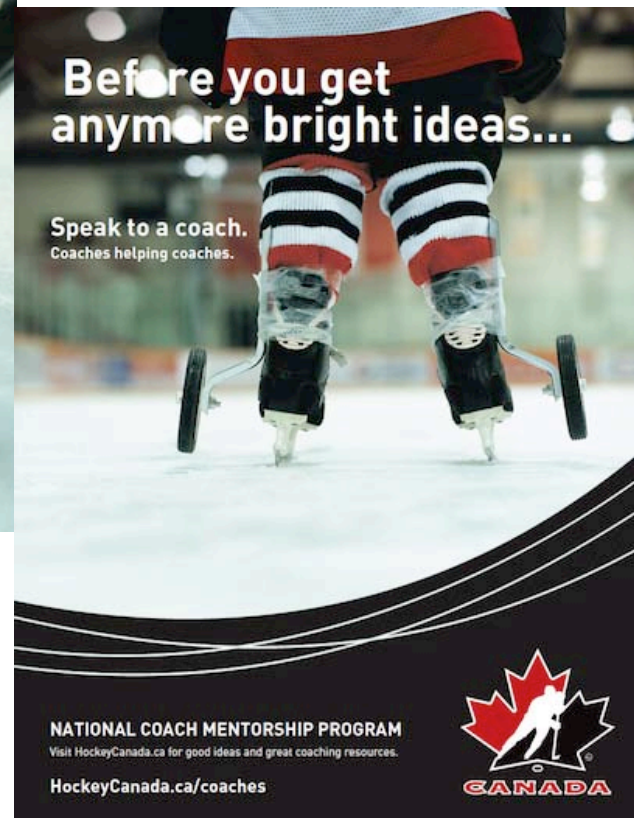
NATIONAL COACH MENTORSHIP PROGRAM
Visit HockeyCanada.ca for good ideas and great coaching resources.



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Yes, velcro was a great idea.
But for hockey?

Speak to a coach.
Coaches helping coaches.



Before you get
anymore bright ideas...

Speak to a coach.
Coaches helping coaches.

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Mentoring: Coaches helping Coaches



2009 Hockey Canada: Revised Coach Certification Program

- Each branch partner of Hockey Canada will be responsible for defining within their branch what **House league and Rep** mean and where a given coach will enter into the model.
- Overall, **coaches** in the new model **will be educated** with the ultimate goal being to improve the coaches ability in **5 main areas** of competency:

- CRITICAL THINKING
- PROBLEM SOLVING
- INTERACTION
- VALUING
- **LEADERSHIP**



Hockey Canada Coach Certification & Development program

Coach Stream		Developmental Stream	High Performance Stream
Core Programming		Core Programming	Core Programming
Coach 1 - COACH ENTRY POINT	Intro Coach For coaches working with 5-6 year olds COACH ENTRY POINT	Development 1- COACH ENTRY POINT	High Performance 1 - COACH ENTRY POINT
Clinic Pretask			Clinic Pretask
Clinic (8 hours)		Clinic (16 hours)	Clinic 6 Day Practical
Clinic Post-task (Throughout season)		Clinic Post Task (Throughout season)	Clinic Post Task Throughout Season
Supplementary Programming		Development 2 (*Professional Development)	High Performance 2
		Clinic Pretask (Part of Development 1 Post Task)	Clinic Pretask
		Clinic (16 hours)	Clinic 6 Day Practical
		Clinic Post Task (2 hours)	Clinic Post Task Throughout Season
		Supplementary Programming	Supplementary Programming



Hockey Canada Development Pyramid

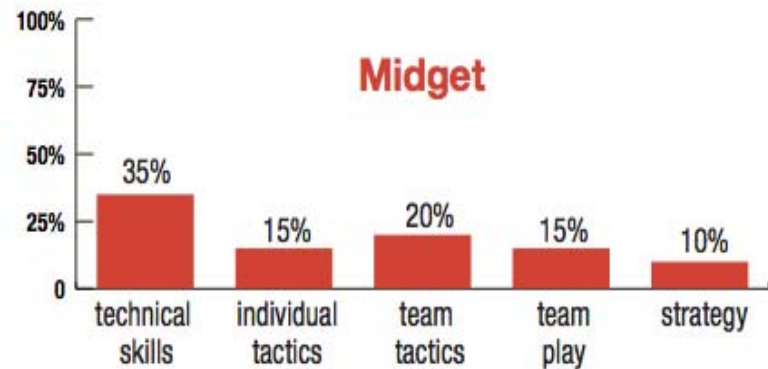
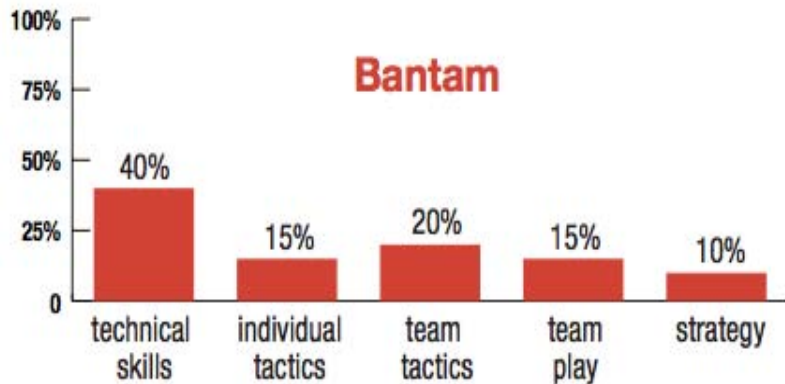
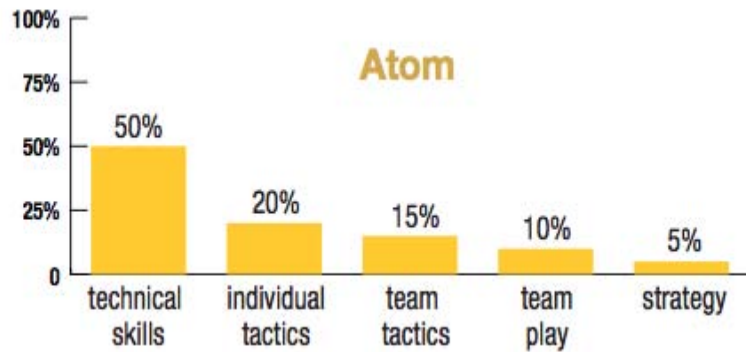
Managing expectations:

Player Development Pyramid



Hockey Canada

What Coaches should be teaching:



NATIONAL COACH MENTOR PROGRAM

- The Hockey Mentorship Program is designed to provide Minor Hockey coaches with supplemental **educational** opportunities, **one-on-one** mentoring and to provide **support** in areas that have been identified by hockey experts across the country as “hot” issues in today’s game.
- The program is also designed to **bridge a gap** between elected volunteers, parents and coaches involved in making this game as much fun as it can possibly be for the participants.
- The mentorship program is also designed to **develop** a group of mentors in the Association that will be able to support the needs of beginning hockey coaches and to **provide support in a variety of ways to all coaches** in the association.



What is Mentoring ?

- NCMP DEFINITIONS

- **Mentor...**

- A wise and trusted teacher, advisor, counselor, instructor, tutor, trainer.

- **Mentoring...**

- A relationship between a guide (mentor) and a coach which enables the coach to become more successful in all aspects of his/her coaching skills.

- **Mentoring involves...**

- Stimulating and managing the individual growth necessary to support coaching performance in the delivery programs beyond the present levels of delivery within the Canadian hockey system.

- **Benefits of mentoring...**

- Provides coaches with the required skills, knowledge and support to promote and sustain higher levels of performance within the coaching field.

Food for thought : Leadership, Coaching, Mentoring....

- Leadership:
 - Do you have to be a good leader to be a good coach ?
 - Does a Coach have to adapt his leadership style according to the situation or his players, parents ?
 - Do Coaches need the same leadership style as they move up in age groups or levels?
- Definition of Leadership:
 - *directing, motivating, and enabling others to accomplish the mission professionally and ethically, while developing or improving capabilities that contribute to mission success*
 - "organizing a group of people to achieve a common goal".
 - "leadership is influence - nothing more, nothing less."
 - "The ability to influence the will of others to do something they normally would not do"



Mentor Plan & Activities

- What is that KMHA needs you to do:
 - Coaches help develop players, Mentor's help develop coaches.
 - Collectively we are smarter than we are individually
 - 104 Coaches in the association – assess current and recognize and develop potential for those that express interest
 - Motivate, educate, illustrate, demonstrate
 - “Not to critique, but to contstruct”



What can you expect from your mentors ?

– Tools:

- Practice design & development
- On/Off Ice assistance
- Assessment's
- Access to Resources
- Confidence

– Plan:

- 2 Practice observations
- 1 Game observations
- Notes to Coach Mentor in confidence
- Coach Mentor does not:
 - Arbitrate disputes
 - Get involved w/parental issues
 - Replace Coach



“... And remember! It's not whether your dads win or lose the fight in the stands. It's how you play the game.”



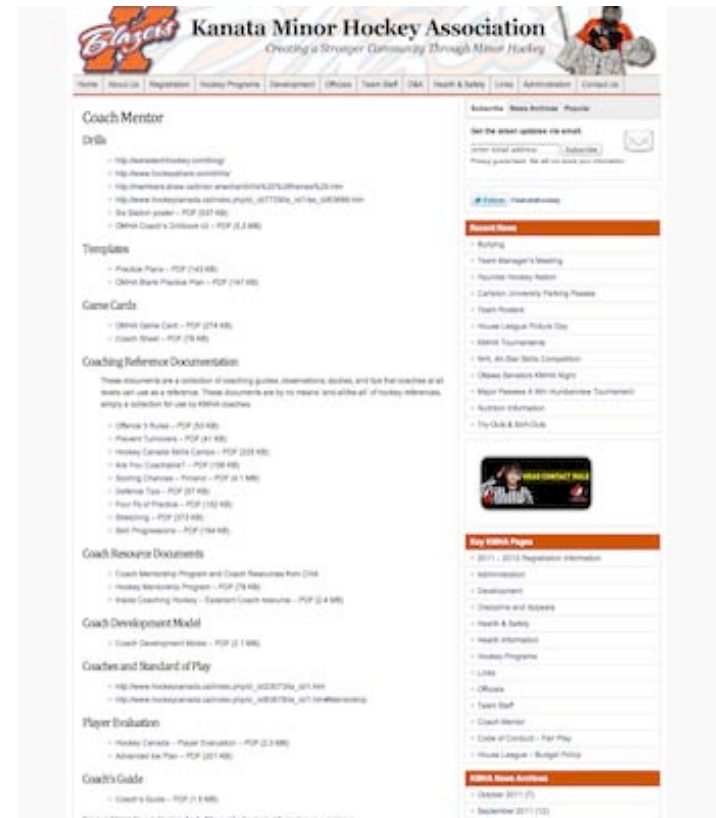
2011-12 KMHA Coach Mentors

- Coaches Club & Activities
 - Skill testing & challenges
 - Guest instructors
- ON ICE SESSIONS - Potential ice sessions will include:
 - Teaching Skating, Puck Control, Shooting, Developing Defensemen
 - Teaching Defensive Team Play
 - Teaching Face-Offs
 - Teaching Checking Skills
 - Small Area Games
- Classroom Presentations – Potential Topics are:
 - Growth & Development and Teaching Techniques
 - Rewards & Discipline
 - Teaching Offensive & Defensive Team Play
 - Teaching Thinking Skills
 - Teaching Power Plays & Penalty Killing
 - Teaching Forechecking & Individual Checking Skills
 - Teaching Face-offs
 - Teaching Breakouts
 - Conflict Resolution for Coaches
 - Technical Skill Development



KMHA Coach Mentor Responsibilities:

- Head Mentor will provide:
 - Supervise, direct, & guide assistant mentors
 - Update website, online resources
 - Meet monthly with mentors
 - Capture Lessons Learned & Best practices
 - Report to VP Hockey Operations
 - Liaise with ODHA Head Mentor
 - Sign-Off on NCCP Post-task work books
 - Identify issues to KMHA Executive



**just for
Coaches**

