



Minor Midget AA

Hello, my name is Richard Balon and I am pleased to have the opportunity to coach the Kanata Minor Midget AA team for the 2018/19 season. The entire coaching staff are non-parent volunteers and have many years of coaching, parenting and playing experience. My staff will include 2 younger assistant coaches and a goalie coach.

Tryouts will commence in early September and we welcome everyone who is interested to attend. The tryouts will be conducted by the coaching staff and third-party evaluators. The players will be evaluated on motivation, good attitude, skating, game play and team work. Kids are encouraged to attend the tryouts if they are interested in developing as a hockey player, the tryouts are an opportunity for each player to test themselves and their abilities.

I emphasize skating, conditioning, skill development and the ability to read the opponents plays. We will work on special team skills, breakouts and playing both ends of the ice. My goal is for the players to have fun and work hard as a group on and off the ice.

Expectations of the players and parents are the same – respect everyone on and off the ice, including association executives, on-ice officials, opposing players and parents of both teams.

Practices and dryland training are mandatory. The commitment is 3 – 5 times per week including game, practices, dryland and goalie training.

Tournaments:

November – Silver Seven
December – Silver Stick
January – Kanata Winter Classic
One more to be determined

Families can expect additional team fees of approximately \$1800—\$2000 depending on the level of fundraising or sponsorships that are secured.

The tryout schedule will be posted at www.kmha.ca and I will contact each family to confirm tryout times.

I look forward to seeing you at tryouts.

Should you have any questions please contact me at:

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Rich Balon
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Minor Midget AA
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